



# BREAST CENTRES NETWORK

Synergy among Breast Units

## ★ Southend Hospital - Westcliff-on-Sea, United Kingdom

### General Information



**New breast cancer cases treated per year** **400**

**Breast multidisciplinary team members** **15**

Radiologists, surgeons, pathologists, medical oncologists, radiotherapists and nurses

**Clinical Director:** Neil Rothnie, FRCS

Southend Breast Unit is situated on the first floor of the Nightingale Centre in the grounds of Southend Hospital on Carlingford Drive. Southend Breast Unit is the designated Cancer Centre for the people of South Essex, and provides the breast screening service for Shoebury, Thorpe Bay, Southend, Westcliff, Leigh, Thundersley, Canvey, Basildon, Stanford, Corringham, Grays, Lakeside, Rochford, Hockley, Rayleigh, and Wickford. A new Women's Clinic was opened in 2003: it contains a purpose built Breast Unit.

### Southend Hospital

Prittlewell Chase

SS0 0RY Westcliff on Sea, United Kingdom

Phone: +441702435555

Fax: +441702221300

E-mail: [anne.robinson@southend.nhs.uk](mailto:anne.robinson@southend.nhs.uk)

Web-site: [www.southend-hospital.co.uk](http://www.southend-hospital.co.uk)

Available services

- Radiology
- Breast Surgery
- Reconstructive/Plastic Surgery
- Pathology
- Medical Oncology
- Radiotherapy

- Nuclear Medicine
- Rehabilitation
- Genetic Counselling
- Data Management
- Psycho-oncology
- Breast Nurses

- Social Workers
- Nutritional Counselling
- Survivorship Groups
- Sexual Health Counselling
- Supportive and Palliative Care
- Integrative Medicine

Radiology

- Dedicated Radiologists** 3
- Mammograms per year** 28500
- Breast radiographers**
- Screening program**
- Verification for non-palpable breast lesions on specimen**
- Axillary US/US-guided FNAB**
- Clinical Research**

**Available imaging equipment**

- Mammography
- Ultrasound
- Magnetic Resonance Imaging (MRI)

**Available work-up imaging equipment**

- Computer Tomography
- Ultrasound
- Magnetic Resonance Imaging (MRI)
- PET/CT scan

**Primary technique for localizing non-palpable lesions**

- Hook-wire (or needle localization)
- Charcoal marking/tattooing
- ROLL: radio-guided occult lesion localization

**Available breast tissue sampling equipment**

- Stereotactic Biopsy (Mammography guided)
  - Core Biopsy (Tru-cut)
  - Vacuum assisted biopsy
- Ultrasound-guided biopsy
  - Fine-needle aspiration biopsy (FNAB, cytology)
  - Core Biopsy
  - Vacuum assisted biopsy
- MRI-guided biopsy
  - Core Biopsy
  - Vacuum assisted biopsy

Breast Surgery

- New operated cases per year (benign and malignant)** 419
- Dedicated Breast Surgeons** 4
- Surgeons with more than 50 surgeries per year** 4
- Breast Surgery beds** 10
- Breast Nurse specialists** 4
- Outpatient surgery**
- Intra-operative evaluation of sentinel node**
- Reconstruction performed by Breast Surgeons**
- Clinical Research**

**Primary technique for staging the axilla**

- Axillary lymph node dissection
- Sentinel lymph node biopsy:
  - Blue dye technique
  - Radio-tracer technique
  - Blue dye + Radio-tracer
- Axillary sampling

**Reconstructive/Plastic Surgery**

- Reconstructive/Plastic surgeons** 1
- Immediate Reconstruction available**

**Type of breast reconstructive surgery available**

- Remodelling after breast-conserving surgery
- Reconstruction after mastectomy:
  - Two-stage reconstruction (tissue expander followed by implant)
  - One-stage reconstruction
  - Autogenous tissue flap
    - Latissimus dorsi flap
    - Transverse rectus abdominis (TRAM)
    - Free-flaps (free TRAM, DIEP, SIEA, gluteal, etc.)
- Surgery on the contralateral breast for symmetry

**Pathology**

- Dedicated Breast Pathologists** 2

**Available studies**

- Cytology
- Haematoxylin & eosin section (H&E)
  - Surgical specimen
  - Sentinel node
- Core biopsy
- Frozen section (FS)
  - Surgical specimen
  - Sentinel node
- Immunohistochemistry stain (IHC)
  - Estrogen receptors
  - Progesterone receptors
  - HER-2
  - Ki-67

**Other special studies available**

- Fluorescence in-situ Hybridization for HER-2 gene (FISH)
- Oncotype Dx (21-gene assay)
- MammaPrint (70-gene microarray)
- Prediction Analysis of Microarray 50-gene set (PAM 50)

**Parameters included in the final pathology report**

- Pathology stage (pT and pN)
- Tumour size (invasive component in mm)
- Histologic type
- Tumor grade
- ER/PR receptor status
- HER-2/neu receptor status
- Peritumoural/Lymphovascular invasion
- Margin status

**Medical Oncology**

- Dedicated Breast Medical Oncologists** 1
- Outpatient systemic therapy**
- Clinical Research**

**Radiotherapy**

**Dedicated Radiation Oncologists**

**Clinical Research**

**Available techniques after breast-conserving surgery (including experimental)**

Whole-Breast RT (WBRT)

Partial breast irradiation (PBI):

External beam PBI

Interstitial brachytherapy

Targeted brachytherapy (MammoSite, SAVI applicator, other devices)

Intra-operative RT (IORT)

**Multidisciplinary Meeting (MDM) / Tumour Board (TB)**

**Regular MDM/TB for case management discussion**

Twice a week

Weekly

Every two weeks

Other Schedule

**Cases discussed at MDM/TB**

Preoperative cases

Postoperative cases

**Specialties/services participating in MDM/TB**

Radiology

Breast Surgery

Reconstructive/Plastic Surgery

Pathology

Medical Oncology

Radiotherapy

Genetic Counselling

Breast Nurse Service

Psycho-oncology

**Further Services and Facilities**

**Nuclear Medicine**

Lymphoscintigraphy

Bone scan

Positron Emission Tomography (PET)

PET/CT scan

**Rehabilitation**

Prosthesis service

Physiotherapy

Lymph-oedema treatment

**Genetic Counselling**

Specialist Providing Genetic Counselling/Risk assessment service:

Dedicated Clinical Geneticist

Medical Oncologist

Breast Surgeon

General Surgeon

Gynaecologist

Genetic Testing available

Surveillance program for high-risk women

**Data Management**

Database used for clinical information

Data manager available

Contact details

**Clinical Director**

Neil Rothhnie, FRCS	Head of the Breast Unit	<a href="mailto:neil.rothhnie@southend.nhs.uk">neil.rothhnie@southend.nhs.uk</a>	+441702435555
---------------------	-------------------------	--	---------------

**Radiology**

Mark Lewars, FRCR	Consultant Radiologist	<a href="mailto:mark.lewars@southend.nhs.uk">mark.lewars@southend.nhs.uk</a>	
Tagreed Toma, FRCR	Consultant Radiologist	<a href="mailto:tagreed.toma@southend.nhs.uk">tagreed.toma@southend.nhs.uk</a>	
Asha Eleti, FRCR	Consultant Radiologist	<a href="mailto:asha.eleti@southend.nhs.uk">asha.eleti@southend.nhs.uk</a>	+441702435555

**Breast Surgery**

Neil Rothhnie, FRCS	Head of the Breast Unit	<a href="mailto:neil.rothhnie@southend.nhs.uk">neil.rothhnie@southend.nhs.uk</a>	
Emma Gray, FRCS	Consultant Breast Surgeon	<a href="mailto:emma.gray@southend.nhs.uk">emma.gray@southend.nhs.uk</a>	
Casper Tsokadayi, FRCS	Associate Specialist Breast Cancer	<a href="mailto:casper.tsokadayi@southend.nhs.uk">casper.tsokadayi@southend.nhs.uk</a>	
Adel Rateme, FRCS	Consultant	<a href="mailto:adel.rateme@southend.nhs.uk">adel.rateme@southend.nhs.uk</a>	+441702435555

**Reconstructive Surgery**

Alison Shaw, FRCS	Consultant Breast Plastic Surgery	<a href="mailto:alison.shaw@southend.nhs.uk">alison.shaw@southend.nhs.uk</a>	
-------------------	-----------------------------------	--	--

**Pathology**

Simon Payne, FRCPath	Consultant Histopathologist	<a href="mailto:simon.payne@southend.nhs.uk">simon.payne@southend.nhs.uk</a>	
----------------------	-----------------------------	--	--

**Medical Oncology**

Naveed Sarwar, FRCP	Consultant Medical Oncologist	<a href="mailto:naveed.sarwar@southend.nhs.uk">naveed.sarwar@southend.nhs.uk</a>	
---------------------	-------------------------------	--	--

**Radiotherapy**

Anne Robinson, FRCR	Consultant Oncologist	<a href="mailto:anne.robinson@southend.nhs.uk">anne.robinson@southend.nhs.uk</a>	
---------------------	-----------------------	--	--

How to reach us



**Southend Hospital**

Prittlewell Chase

SS0 0RY Westcliff on Sea, United Kingdom

Phone: +441702435555

Fax: +441702221300

E-mail: [anne.robinson@southend.nhs.uk](mailto:anne.robinson@southend.nhs.uk)

Web-site: [www.southend-hospital.co.uk](http://www.southend-hospital.co.uk)

**From airport:**

Stansted and Heathrow.

**By train:**

Via Liverpool Street.

**By car:**

Take junction 29 off the M25 head towards Southend on the A127. After Kent Elms Corner (Essex Motors is on your left hand side) take the outside lane in preparation for turning right at the next slip road. This road leads into Westbourne Grove (A1158). Then follow the directions to the Hospital. Please note that parking facilities are extremely limited.

**Last modified:** 13 August 2010